



NHR Team, Sally Heilman & Paul Molloy, await approval of their spelling.

## Spell It Out!



For the past 15 years, KeyBank has sponsored a team from New Horizons Resources, Inc. to participate in Literacy Connection's Annual Spelling Bee. Each year, two employees from our NHR office have taken part in the fundraiser; however, this year was unique. For the first time, we were able to send an individual we provide services to as a participant in the Bee! Paul Molloy, who lives at our residence in Pleasant Valley, was excited to participate as a contestant alongside Sally Heilman, our MSC Supervisor. Although they did not win, Sally said of the experience: "It was an honor for me to partner with Paul for the Literacy Connections Spelling Bee. I loved his positive attitude, willingness to work together, confidence in spelling, and perseverance when we, as a team, incorrectly spelled a word. Paul enjoyed himself and said that he would like to participate again next year."

An affiliate of Literacy New York, Literacy Connections of the Hudson Valley is dedicated to providing literacy education and support to adults and children in Dutchess, Columbia and Greene County. Whether an ESL student is learning to read English or a child is hoping to improve their reading level, Literacy Connections strives to "help people read, write, and reach their potential." Each year, the organization hosts a Spelling Bee and continental breakfast at Marist College. This year's teams gathered on the morning of Wednesday, March 19<sup>th</sup> for the fundraiser.

New Horizons thanks KeyBank for their continued sponsorship of our team at this event and their support of our agency throughout the year!

## A Message From the Executive Director....

# 40 Years Together!

*By William Beattie*

New Horizons Resources was incorporated in 1974 and is now celebrating 40 years of advocating for and supporting those with developmental disabilities! In honor of this anniversary, we would like to celebrate our organization, our employees and those we serve. We have gathered a Committee that is working hard to coordinate a large outdoor party to be held on September 21, 2014 for all the friends of NHR. We are looking forward to honoring and celebrating those who have made a successful 40 years possible!

There have been several important groups of people who have come together to create New Horizons and its mission, along with the programs and group homes the Agency has come to cherish. The three most vital groups have been the people we support, the staff who go above and beyond every day and the families who love and support their relatives. There are many other important people, including our vendors, local politicians, banks and attorneys, and the community members who serve on our Boards, who have contributed to our victories over the years.

The families of our clients have been an integral part of our achievements. It was the families who first sought to start a new form of services that embraced new ideals and did not include institutions. It was the families who initially provided funds, property and a lot of hard work to get houses built and programs started. The families have helped to keep the Agency's mission as the focal point of our existence. It is the families of those we serve that challenge us to accomplish more, increase our quality of service and meet the ever increasing needs of their relatives and loved ones.

The partnership between the New Horizons staff and families has been tremendously rewarding—challenging at times, but overall effective. It has not always been easy, but the trust between the groups has led to a gratifying 40 years of success. This partnership has ensured that we have increased our quality of care, developed new programs (such as Briggs Farm), increased the independence of our clients (with programs like Home of Your Own



The NHR Newsletter is a quarterly publication produced by the agency to keep our friends informed about NHR's current activities.

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Please address comments about the newsletter to Beth Cookinham at:

New Horizons Resources, Inc.  
123 West Road  
Pleasant Valley, NY 12569  
(845) 473-3000 x322  
email: bcookinham@nhrny.org

and Supportive Apartments) and increased opportunities with Person-Centered approaches (such as CQL, Council on Quality and Leadership).

Today, I ask for your full support towards our 40<sup>th</sup> Anniversary Celebration fundraiser this fall. I ask three things of you: First, that you and your family attend the celebration on September 21 from 12pm-3pm. Second, that you consider taking out an advertisement in our 40<sup>th</sup> Anniversary Program. This booklet will include a summary of our Agency history and the dedication of our honorees. You and your family can be a part of it by thanking someone who has made a positive impact, telling your relative you love them, or in many other ways! A one line ad with only cost \$40 in honor of this important milestone. Third, and finally, if you can sponsor our celebration in any way, please send a check to New Horizons Foundation (40<sup>th</sup> Anniversary Celebration).

*We cannot thank you enough for your continued support and allegiance to the New Horizon's mission over the past 40 years! Happy Anniversary!*

### Agency News Brief

- The train is picking up speed again as we head for a unit price system with capitated rates under Managed Care. OPWDD and CMS (Center for Medicaid Service) continue to make progress on NYS Waiver status. This means we, along with OPWDD, must prepare for the new funding and regulatory changes. To do so, we will enforce a daily billing model effective in July. We can no longer place people in workshops, so we will convert all of our other program types (ICF's, OPTS Programs, etc. to IRA's). We will deal with new Rate Rationalization methodologies for payments, and we will need to meet new regulatory changes, like Olmsted. New Horizons and our sister agencies have been preparing and working with OPWDD to effectively make these changes. These are profound changes which will reshape the service in our field moving forward.
- New Horizons announces the retirement of Board members Bruce Marley and Susan Hochhauser. We thank them for their many years of support and service and wish them the very best! We are pleased to welcome Beth Allen and Madelaine Watterson to the board.
- NHR reaches an agreement with SEIU negotiating team after months of deliberation. The new contract, if ratified on April 10th, will boast a bonus for all staff and a 1% salary increase which would become effective in September. This would be the first such increase in five years.
- Code of Ethics training continues to all Direct Support Professionals and some management staff. This innovative, meaningful and self-reflective training has now been completed by approximately 120 staff members.
- NHR continues to look to purchase another home to develop into a five person home for young adults aging out of residential school programs. We hope for this residence to open later in 2014.
- New Horizons receives an approved funding to increase the fire protection and safety at our Unionvale residence. The majority of the work will consist of replacing the old sprinkler system and creating fire breaks within the home.
- We say goodbye to Roger Loewer who passed away on March 1<sup>st</sup>. Roger previously lived at Amenia IRA and most recently resided at Unionvale IRA. He was a true character and was loved by many. He will be greatly missed. In addition, we say goodbye to a gentle woman and devoted mother, Mrs. Lee, who was the mother of John Lee, Jr., a Dwight Street IRA resident. She was also the wife of former Board member John Lee, Sr. and daughter of current Board member Helena Lee.

## AROUND THE AGENCY NEWS

### AMERICAN HEART ASSOCIATION – HEART WALK 2014



Congratulations to all of this year's team members who participated in the New Horizon's American Heart Walk Team. I personally thank them all for thinking about our community and the needs of others. Great job!  
-Gerry DePorres



### IN LOVING MEMORY

Roger Jeffrey Loewer, 70, who resided at Unionvale IRA passed away peacefully on Saturday, March 1, 2014 surrounded by family and friends; he was with the New Horizons Resources family for 40 years. Roger loved to play the harmonica, talk politics, read the newspaper and stay on top of current events. He enjoyed listening to music and singing karaoke, especially Frank Sinatra and Elvis. He also loved jazz, opera and classical music. Roger had a great sense of style; he loved to wear hats and was affectionately called "Frenchie." Roger had a great sense of humor and a twinkle in his eye. He was loved by all who had the good fortune of knowing him.



### New Horizons Foundation Annual Appeal 2014

The New Horizons Foundation Annual Appeal 2014 is currently underway. If you would like to contribute, please complete this form and return it with your tax-deductible donation payable to the New Horizons Foundation. We at NHR greatly appreciate your commitment to improving the quality of life for people with developmental disabilities.

*"Hope is a state of mind, not of the world. Hope, in this deep and powerful sense, is not the same as joy that things are going well, or willingness to invest in enterprises that are obviously heading for success, but rather an ability to work for something because it is good."*

-Vaclav Havel

Name \_\_\_\_\_

Address \_\_\_\_\_

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Please make checks payable to: *The New Horizons Foundation*, and mail to:  
123 West Road, Pleasant Valley, NY 12569  
*Donations to the Foundation are fully tax deductible.*

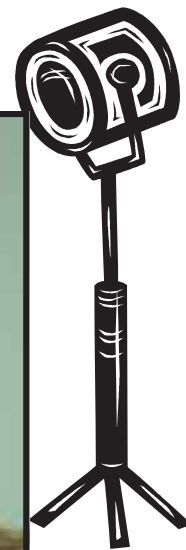
AROUND THE AGENCY NEWS

 Red or Silver?



Bill Bride, a resident of our Clinton home, was given the opportunity of choosing the color of their new house van. Heidi Quinn, Administrative Counselor at Clinton, used her CQL training to make this decision possible. Heidi learned to ask those she supports more questions about their likes and wants. Bill chose Silver! Great choice, Bill!

Spotlight On...



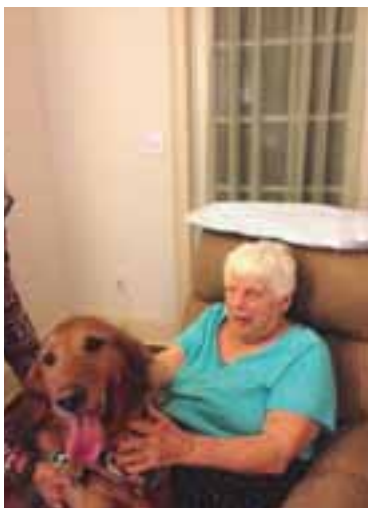
Heidi Quinn

“Heidi has worked in our house for many years and is dedicated to the well-being and happiness of the five men we serve at Clinton. She really is a wonder-woman, and I feel like she does the work of three people. The guys absolutely love her, and I believe that their lives are enriched by having her around. As assistant to the coordinator at Clinton, Heidi goes above and beyond her administrative duties. As the lone staff on morning shift she is always on time no matter what the weather. She always has a smile on her face despite the extremely hectic schedule she has: getting everyone to where they need to be, work, programs, appointments, etc. She deals with van issues, shopping, meetings at the office, and she often stays late. She tirelessly dedicates herself to making our house run smoothly and making sure staffing obligations are met. She always has a positive attitude with the people we serve and is very appreciative of staff she works with. She is well respected by the residents, their family members and the staff here at Clinton. She is the glue that holds our house together. She is a wonderful person, an asset to New Horizons and we feel privileged to work with her and to know her. How lucky we are to have such a dedicated, pleasant and professional staff member and co-worker! THANK YOU HEIDI for all that you do to make our lives a little brighter!”

Positive Paws 

By Lisa Munzer

The ladies of Thornwood enjoy a monthly visit with Spencer and Jackson, the therapy dogs. The dogs and their handlers are part of the organization known as Positive Paws. They visit several New Horizons houses in the Poughkeepsie area. The dogs bring smiles to everyone’s faces and there are many questions from the residents which the handlers happily answer. We all look forward to their visits!



## Save The Date!

### New Horizons Resources, Inc.'s 40<sup>th</sup> Anniversary Celebration

DATE: SEPTEMBER 21, 2014 WHERE: FREEDOM PARK  
TIME: 12PM-3PM LAGRANGE, NY

New Horizons Resources, Inc. is celebrating 40 years of advocating for and supporting those with developmental disabilities. To mark the occasion, we are hosting a family-friendly outdoor event featuring bouncy houses, a dunk tank, a petting zoo, and more! Please join us for what is sure to be a wonderful day full of celebration!

More details to follow.

For more information, please contact Beth at: (845) 473-3000 x1322 or [bcookinham@nhrny.org](mailto:bcookinham@nhrny.org)



## Save The Date!

New Horizons Foundation's  
11th Annual  
Fall Into Fashion Show  
at the Poughkeepsie Grand Hotel

Thursday, October 2, 2014  
beginning at 5:30pm

For more information, please contact Beth at:  
845-473-300 x1322 or at [bcookinham@nhrny.org](mailto:bcookinham@nhrny.org)

Monday May 12, 2014  
Shotgun Tee-Off at 1:00 pm

Dutchess Golf Club  
2628 South Road  
Poughkeepsie, NY 12601

# New Horizons Foundation's 31<sup>st</sup> Annual Invitational Golf Tournament



**Gift to First 140 Golfers!**

### ***A \$200 Player Ticket Includes:***

- ✓ 18 holes of Golf
- ✓ Callaway Sunglasses (Retail \$99.95)
- ✓ Chance to win Additional Prizes
- ✓ Barbeque Lunch
- ✓ Cocktail Hour
- ✓ Dinner



**NEW OFFER!**

### ***\$40 Ticket!***

- ✓ \$30 in Raffle Tickets
- ✓ Entry to Closest to the Pin
- ✓ Entry to Putting Competition
- ✓ Exclusive Raffle Item



For more information, please contact Beth at: 845-473-300 x322 or [bcookinham@nhrny.org](mailto:bcookinham@nhrny.org)



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**Mission Statement:**

The mission of New Horizons Resources, Inc. is to enable people with developmental disabilities to achieve fulfilling lives within their local communities by establishing a home, belonging, self-determination and respect.

Printed on  recycled paper



**News from the Foundation Office** Beth Cookinham, Foundation Director

# New Horizons Foundation 31st Annual Invitational Golf Tournament



Monday, May 12, 2014  
Dutchess Golf Club  
2628 South Road  
Poughkeepsie, NY 12601

